



# hull city 5s

## FOOTBALL LEAGUES

THE BONUS ARENA Walton Street, Hull HU3 6GA  
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## RULES

- 1 Games will be of a maximum 28 minutes continuous duration of two equal halves with no allowances made for stoppages.
- 2 All games will be refereed and the referee's decision shall be final.
- 3 Charging is forbidden and shall be penalised by the awarding of a direct free kick. A player who unfairly impedes the progress of an opponent when not playing the ball shall be penalised by the awarding of a direct free kick.
- 4 No team may have more than 5 players in a 5-a-side league and 6 players in a 6-a-side league, one of which must be a goalkeeper, on the pitch at any one time.
- 5 Each team may have a maximum of 3 named "Rolling Substitutes", who may be interchanged more than once but only when play has stopped and to the approval of the referee. A previously substituted player may, therefore, re-enter the field of play.
- 6 Players, including the goalkeepers, must wear shin protection and knee length socks at all times. Jewellery, glasses (unless safety glasses) and watches must not be worn on the field of play. No Studs, moulded studs or blades are permitted.
- 7 The away team is responsible for ensuring there is no kit colour clash, failure will result in being ordered by the referee to play in an alternative strip. (Bibs are available upon request).
- 8 Outfield players must wear shirts of the same colour and have numbers on the back. Teams are not permitted to play in Black shirts. A goalkeeper's shirt must be of a different colour to that of his outfield players.
- 9 The ball must not go above head height: THIS IS DEEMED AS 6FT (1.830m), and is punishable with a direct free kick. A player CANNOT head the ball even if it is below head height.
- 10 Play commences with a centre after each goal is scored (a goal can be scored from a kick-off).
- 11 Unnecessary use of foul and abusive language to a referee or match official will result in instant dismissal (applies to both players and spectators).
- 12 The goalkeeper must roll the ball underarm. Failure to comply will result in a direct free kick 6ft (1.82m) from the offending keeper's area to the opposing team.
- 13 No sliding tackles are permitted; Punishable with a direct free kick
- 14 Penalties may be taken with ONE step only.
- 15 All free kicks are direct
- 16 Defending players must be immediately at least 1.82m, (6ft), from the ball during free kicks, (punishable with a caution).
- 17 If an attacker enters the opposing team's area then the ball shall be given to the goalkeeper.
- 18 If a defender enters his own area then the attacking team shall be awarded a penalty at the referee's discretion. (If it is deemed as momentum then no award shall be given)
- 19 If a keeper leaves his area a direct free kick will be awarded to the opposition at the point where the ball was unless; the keeper slides outside the area after a save due to momentum.

## CODE OF CONDUCT

- All players and officials should show understanding of, and respect for the laws of the game.
- Supports the belief that the game should be played in an entertaining and positive way.
- Behave on and off the field in a sporting manner towards all other involved, be the players, officials or spectators, irrespective of the results.

## DISCIPLINE

- Cautions are punishable by a monetary fine of £8 – as approved by The East Riding Football Association.
- Dismissals will be dealt with 'in-house' by a ban and a monetary fine – as approved by The East Riding Football Association.
- More serious offences will be reported to The ERFA. Any action taken WILL affect ALL FA affiliated competitions.

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